

Catherine Peloquin Biography

Catherine Peloquin is an organizational development consultant and executive coach partnering with executives for 20+ years supporting high-performing teams, learning & talent development, human skills development and transformation in the US, Europe and Asia.

She brings strong business acumen and leadership experience in pharmaceutical, medical device, insurance, consulting and higher education organizations. She served on a commercial and operations leadership teams and is a trusted though partner to C-suite leaders, transformation and leadership teams across all functions.

Blending her communications, organizational change and culture building experience she delivers high impact learning and leadership development programs and facilitates leadership conversations that accelerate performance and future ways of working. Her coaching supports executive presence and human skill development through embodied leadership and authentic relating.

Her authentic leadership presence, embodied DEI and learning passion consistently inspires new thinking and behaviors. Catherine excels at working in complex organizations upskilling capabilities to deliver growth, innovation and organizational effectiveness. She has served as a consultant and coach for companies such as Roche, Novartis, Syngenta, Agility, Boston Consulting Group, Johnson & Johnson, Thomson Reuters, Credit Suisse, Givaudan, General Mills, Ecolab, and Medtronic.

Catherine began her career as a television anchor and reporter in Wisconsin then held communications roles at the University of Minnesota, Weber Shandwick, UnitedHealth Group, Medtronic, Novartis, and Roche. She held learning and organizational development roles at Roche and Galderma.

Catherine earned her MBA from the University of Minnesota – Carlson School of Management, and Bachelor of Arts in Broadcast Journalism from Marquette University. She holds certificates in: Organizational Development (NTL), Enterprise Agile Coach (ICAgile), Professional Coach (ICF PCC), Co-Active and Somatic Coach (Strozzi), Nature and Forest Therapy Guide (ANFT), Mindfulness & Self Awareness trainer (TLex), D&I for HR (Cornell), Leadership Circle Profile. She has trained in Theory U, ORSC, Trauma-Informed Consultant and Coach (Mobiis), NARM and Somatic Experiencing.

Originally from Minneapolis in the United States, Catherine is now a Swiss citizen living in Zug. She enjoys leading forest bathing, singing, hiking Camino paths, and entertaining expats.